

ATHLETIC DEPARTMENT



Southampton High School

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Southampton High School stresses the importance of a well-balanced activities program for students and realizes that many hours given for study, practice, and participation in any athletic or activity endeavor. Southampton High School encourages parent and community support of students for their achievements, as these activities are instrumental in developing great community interest and pride.

You are invited to support our school and students through attendance at the various events at Southampton High School. You will find them to be enjoyable and worthy of your time and effort.

School is more meaningful and enjoyable when a student becomes involved in an activities program. Whatever a student's skill or ability level, athletic opportunities are available. While some teams hold try-outs for positions, other sports welcome all participants. Interest and enthusiasm are the most important qualification. It is our goal as an Athletic Department to enhance all student/athletes skills and to help them to become the most productive person they can be, promoting team work and accomplishment both on the field and in the classroom.

Participation in student activities enhances the regular school day and enriches the school experience. National studies indicate that students who participate in athletics and other activities:

- ☞ Have a higher grade point average than non-participants
- ☞ Have a higher graduation rate
- ☞ Have a better attendance record than non-participants
- ☞ Tend to be successful after College (*according to the College Board*)

Contributing to our athletic tradition will be a source of satisfaction to students and the school.

Let's Go Indians!

Tim Mason

Athletic Director